



BRING YOUR MIND TO THE GAME

SPORT PSYCHOLOGY & MENTAL TRAINING

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CLINICAL AND SPORTS PSYCHOLOGIST



Data Privacy Policy

Your privacy and trust are important. Here's how your data is handled with care and confidentiality:

1. Confidentiality & Data Protection

- ❖ Everything shared in sessions is **strictly confidential** and will not be shared with any third party
- ❖ **Session notes** are securely stored and are not linked to personal details like your name, contact information, or address.

2. Recording & Reports

- ❖ **Sessions are not recorded** to maintain privacy, unless you provide **prior consent** for research-based purposes.
- ❖ For individuals under **18 years old**, reports may be shared with parents or guardians but will not be shared with anyone else without the parent's consent.

3. Law Enforcement & Safety Compliance

Session notes may be disclosed only under rare circumstances such as:

- ❖ If legally required by law enforcement in the case of criminal offenses where records are summoned.
- ❖ If there is a **serious risk** to your **safety** or the safety of others.

4. AI Support

- ❖ AI tools may be used to **summarize, structure, or transcribe** session notes to facilitate the session with prior consent.
- ❖ **Your personal identifiable details** (name, contact information, etc.) will not be shared with AI software.

We are committed to keeping your data **secure, private, and confidential** to ensure a smooth and trustworthy experience. If you have any questions, feel free to ask!